

### **ABSTRACT**

The present invention relates to a stabilizer support system and a method for stabilizing or supporting heavy equipment in general. The system may comprise a support structure such as a conventional A-frame that is configured to support a crane or heavy equipment. The system and method are designed to provide an adapter to support the structure by distributing weight and load onto, for example, a rail or similar transportation system while still allowing movement of the structure along the rails or other transportation system.